

**Midland College Athletic “Doctor Shopping” Regulation  
(adopted by the Midland College Administrative Council, May 18, 2020)**

Midland College and the Midland College Chaparrals Athletic department, places a high value on the young people who are members of our various sports teams. We understand that we have been entrusted with the health, safety and well-being of each of our student-athletes.

It is in that spirit that Midland College uses an established system of local surgeons, doctors, physical therapists, physician’s assistants and other members of the healthcare profession. Those relationships have been established, nurtured and trusted for as long as we have fielded teams for athletic competition(s).

Additionally, Midland College has on staff a full-time licensed, certified head athletic trainer who provides a high level of care and treatment for the members of our athletic teams.

Student-athletes who are injured in a “team activity” such as a practice, scrimmage, conditioning exercises or other such things will follow the existing process we have worked with for over two decades. That being an initial evaluation/assessment by the Midland College head trainer or an individual who has been designated, by Midland College, to serve in that function.

Following the initial evaluation/assessment Midland College will provide the highest level of injury care available to us, starting with the local medical professionals we have worked with for many years. All doctor appointments, chiropractic appointments, medical procedures, rehabilitative services, required surgeries and follow up appointments will be handled through our existing system.

Students and family members may be informed about injury evaluations, the course(s) of injury treatment or repair and any doctor/surgeon appointments, including post-operative rehabilitative services within our established local network of healthcare providers and services. However, we will primarily communicate with the student-athlete(s) directly regarding such matters.

If the student, family member, former coach, family friend and other such persons decide to seek professional assessment/evaluation or care outside of our local, established system, the student-athlete and their family/guardians will assume responsibility for all injury-related medical, travel and incidental expenses.

In the event we are referred by our local healthcare provider system, to seek injury diagnosis, surgical and non-surgical treatments or post-injury treatments from another medical professional, the referral must be made through the Midland College head athletic trainer or the individual(s) designated by Midland College to serve in that capacity.

Within 45 days of receipt, students are required to submit any billing statements and/or “Coordination of Benefits” (COB) and or “Explanation of Benefits” (EOB) statements for care provided by Midland College and/or Midland College health insurance to the head athletic trainer. Failure to submit, may result in the student becoming financially responsible for care.

Student-athletes and/or parents must contact the head athletic trainer directly for questions related to bills, secondary coverage information or other such inquiries.

Please read this regulation in its entirety and ask questions for clarification(s) of this regulation, prior to signing below.

Your signature and date assume you have read and understand both the letter and spirit of this document, which will be filed in the Midland College Athletic Department.

Student-Athlete signature: \_\_\_\_\_

Date: \_\_\_\_\_

Revised: June 4, 2020  
Revised: June 8, 2020